

As parents, we want to raise our children in the truth and to joyfully uphold Catholic principles and standards. Unfortunately, we are faced with numerous challenges in today's secular society.

For this reason, Deacon Tom and Barbara Avery are pleased to present:

7 Essential Tools for Effective Parenting
at the National Shrine of the Little Flower.

This is a five-week series for all parents that integrates Catholicism, psychology and common sense with the desire to help parents form their child to live a spiritually healthy and happy life with Christ.

The *OBJECTIVE* of this course is to teach parents how to adopt Catholic morals and values into their families so as to form children to love what is worthy of their love and live their lives in freedom with Christ as their ultimate goal.

The course teaches that the *GOAL* of parents is three-fold. First, to teach their children to love what is true, good and beautiful, GOD!, second, to teach their children self-mastery wherein true freedom lies, and third, to make your life as a parent one of joy and gratitude for the gift of life grants us in our children.

**SESSIONS ARE BEING HELD EVERY OTHER WEEK
FOR A TOTAL OF FIVE WEEKS (SEE SCHEDULE)**

7 Essential Tools for Effective Parenting Registration Form

Parents Names

Address

Phone

Please send this registration form at least one week prior to series start along with a **\$45 series fee**
(Plus a one time \$5 fee for babysitting)

To: National Shrine of the Little Flower
Attention: Reverend Mr. Thomas Avery
2100 W. 12 Mile Road
Royal Oak, Michigan
48073-3910

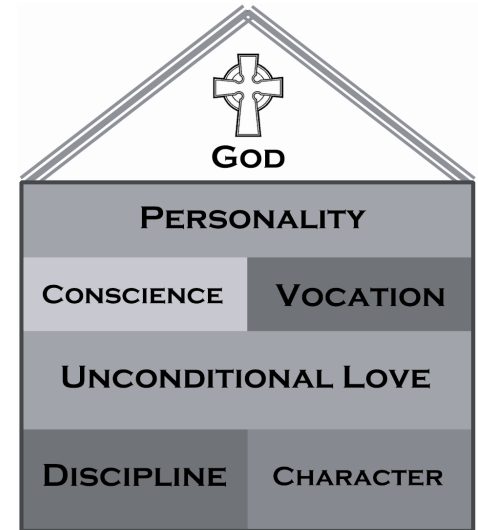
Make checks payable to:
Deacon Thomas R. Avery

Refunds will not be given however; you can attend or repeat any of the sessions at future dates.

You must pre-register for baby sitting.
Please call Barb Avery 248-528-3595

**For more information or questions,
Contact Deacon Tom
tavery@shrinechurch.com**

7 Essential Tools for Effective Parenting *A Catholic Parenting Series Every Family Deserves*



Session One – God and Vocation

The first class focuses on your relationship with God and putting God first in your lives. It also speaks about the vocation of marriage and parenting and the role of sacramental grace. Emphasis is placed on the truth that there is no greater gift that parents can give their children than a good marriage. Couples are also taught the Church's teachings on the specific role of their vocation, the authority of parents, the role of grace, free will and the immortal soul.

Session Two – Personality

This second class is aimed at helping parents identify their own, as well as their children's personalities so as to become more understanding, giving, moral, Christian parents.

Session Three – Unconditional Love

The third class demonstrates how to best show unconditional love to a child including eye contact, appropriate physical affection and focused attention.

Session Four – Discipline

This class explains the Catholic teaching on the true human anthropology and why discipline is one of the most effective means of showing a child unconditional love.

Session Five – Character and Conscience

The last class introduces formation of the character and conscience. Practical examples of how to realistically teach morals and values and build good character in children are given.

Parents are taught how to help their children examine their consciences. The benefits of the Sacrament of Reconciliation are reviewed and the dignity of the child is stressed.



The attendance of both father and mother is highly recommended for success in this program. However, single parents are welcome and given special consideration throughout the series.

Additionally **attendance at all classes is crucial** as they build upon each other and are interrelated.



Testimonies

I found this parenting class to be very thorough and balanced in its approach. Unlike other parenting theories which stress a particular "one-time-fix-it-all" type of falsehood, this class was far more encompassing and realistic. Rooted in Catholic teaching, Sacred Scripture and bathed in prayer, I found that this class tied together all the different aspects of parenting: God, personality, conscience, vocation, unconditional love, discipline and character formation. One could read about such topics in a book, but hearing an experienced Catholic married couple bring these topics to life through vivid discussion and testimony was much more impacting than simply reading. I would highly recommend attending the 7 Essential Tools for Effective Parenting for any Catholic family who wants to deepen their understanding of their vocation and increase their skills as parents.
Justine S.

I thank you for your support to us parents in helping us build up our Catholic family. The Seven Tools helped remind us who we are as Catholics and what God expects from us as parents.
Ramiz and Florencia R.

I first saw information about "7 Essential Tools for Effective Parenting" on my church website, I thought it looked interesting but never thought that my husband would go for it. The next Sunday I was talking to my Dad and he mentioned that he heard about a parenting class in church that morning and he had the hand outs for me, I took the information but again thought that my husband would never go for it. The next day I got an envelope in the mail from Deacon Tom and Barb Avery who had baptized our youngest son this past December, inside was information on a class that they were teaching "7 Essential Tools for Effective Parenting". I got the message. God was telling me something, I spoke to my husband that night and to my surprise, he agreed that we should go together. I am so very glad that we did. This class has helpful practical information rooted in faith. It also exposed us to other books and resources that we may not have found on our own. My husband and I were missing direction for our young family. We knew that we wanted to raise our children in the Catholic faith, but what did that mean? This class gave us a direction, and tools to use and resources to help our family grow together. *Thank You. Sarah and Greg A.*



Fall 2008 Schedule

September 24

October 8 & 22

November 5 & 19 2008

Wednesday Evenings, 7:00-9:00

Location:

Shrine Catholic High School Library

3500 W. Thirteen Mile Road
Royal Oak, MI 48073-3910